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WHAT ARE PFAS?

- ❖ Per- and Polyfluoroalkyl Substances
- ❖ Known as “**forever chemicals**”
- ❖ Group of **over 9000** human-made chemicals
- ❖ Includes PFOA (C8), PFOS, GenX, and more



HOW ARE PFAS USED? *Many materials including...*

-  Nonstick cookware
-  Water & stain-resistant fabric
-  Food packaging
-  Firefighting foam

WHAT ARE THE HEALTH IMPACTS? *Increased risk of...*

- ❖ Certain types of cancer
- ❖ Liver & thyroid disorders
- ❖ Low birth weight
- ❖ Increased cholesterol
- ❖ Immune system suppression



HOW CAN YOU LIMIT YOUR EXPOSURE?

- ❖ Avoid using stain, water & oil resistant products
- ❖ Do not use scratched nonstick pans
- ❖ Test your water
- ❖ Check fish advisories

